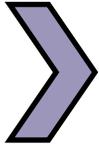


The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities

2021



Our mission is to provide leadership, in partnership with others, to **prevent disability**, **build resilience** in individuals and their communities, and **facilitate recovery** for people whose lives have been affected by **mental illness**, **intellectual disability** or **other developmental disability**, or **substance abuse**.

Year in Review



Expand the recovery-oriented system of care to address the opioid crisis and other substance use disorders.



Support and promote the behavioral health and wellness of children and families involved with or at risk of involvement with the child welfare system.



Mitigate adverse behavioral health outcomes exacerbated by the pandemic and racial inequity while preserving and enhancing the behavioral health safety network.



Assure a safe and adequate system of care for people with intellectual and other developmental disabilities.



Advance efficient and effective operations of state inpatient and residential facilities.

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<http://dbhdid.ky.gov/kdbhdid/>

TEAM
KENTUCKY



KENTUCKY
CABINET FOR HEALTH
AND FAMILY SERVICES

The Kentucky Department for Behavioral Health, Developmental & Intellectual Disabilities (DBHDID)

Our 2022 Key Priorities

Key Priority 1



Increase access to behavioral health and intellectual disability services and supports.

Key Priority 2



Improve quality of care in the behavioral health and intellectual disability service delivery system.

Key Priority 3



Reinforce a resilient, inclusive, and equitable organizational culture.

approx.

150,000

clients with mental health, substance use disorder, or an intellectual disability served by CMHCs.

over

6,200

clients served in our state psychiatric hospitals, nursing facilities, and intermediate care facilities.

Awarded close to *\$17 million* in competitive grants in 2021.

FY 2021 Revenue



In addition to state general funds, DBHDID oversees programming funded through the Community Mental Health Services and Substance Abuse Prevention and Treatment Block Grants, State Opioid Response grant, and other pursued competitive grants.

Mitigated adverse behavioral health outcomes exacerbated by the pandemic and racial inequity while preserving and enhancing the behavioral health safety network.

As the federally designated mental health authority, DBHDID supports regional Community Mental Health Centers (CMHC) with performance-based contracts, evidence-based practices; ensures equitable access to prevention, crisis, and trauma-informed treatment and recovery services for all Kentuckians; promotes recovery and support services for individuals currently or formerly involved in the legal system; provides education, support, and coaching to partner agencies on trauma, secondary trauma, racial equity, and resiliency; and monitors key data indicators including access to care, suicide rates, and overdose deaths.

Suicide Prevention

4,527,025
 “doses” of suicide prevention were delivered to Kentucky residents in 2021.

14,796 
 Kentucky middle and high school students participated in evidence-based suicide prevention curricula.

30,244
 Kentucky residents called the National Suicide Prevention Lifeline in 2021, and 75% of calls were answered by in-state crisis call centers, an improvement from 48% in 2019.

DBHDID Racial Equity

Created racial equity communities of practice with our CMHC partners.

Convened racial equity change teams with a core team comprised of leaders in each department division.

Developed departmental organizational change implementation schedule and racial equity goals.

DBHDID Trauma and Resilience

Supported the creation of the Well@Work website by UK’s Center on Trauma and Children

- 27 podcasts with more than 18,475 hits
- 58 resources posted for professionals
- Two 5-part webinar series on resilience strategies during COVID
- 306 self-assessment tools utilized more than 1,384 times

DBHDID offered Fostering Resilience, a **4-part** training series for supervisors with more than **200** CHFS supervisors attending.

Over 60 training and events held to address trauma-informed and resilience-oriented approaches.

13 CMHCs participated in the secondary traumatic stress learning collaborative.

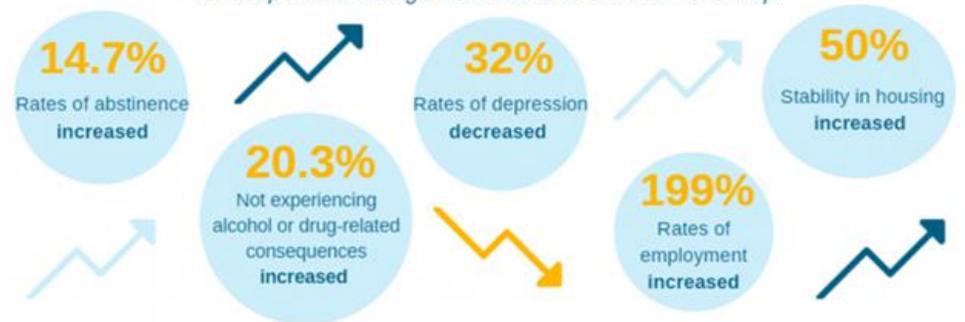
1,500 participants have participated in monthly department sponsored trauma and resilience programs.

As the substance abuse prevention and treatment authority for federal block grants, DBHDID serves as the lead agency for dissemination of federal and state dollars, including the Kentucky Opioid Response Effort (KORE aka State Opioid Response (SOR) grants); and collaborates with multiple government agencies to facilitate coordination and implementation of evidence-based practices in a data-driven manner.



LOOKING BACK ON 2021

Data reported via the **Government Performance and Results Act (GPRA)** for individuals receiving SOR-funded treatment and recovery support services. Numbers reflect percent change from intake to 6-month follow-up.





Supported and promoted the behavioral health and wellness of children and families involved with or at risk of involvement with the child welfare system.

DBHDID collaborates with partner agencies, providers, and advocates to increase equitable access to evidence-based, trauma-informed behavioral health screenings, assessments, and treatments; creates and supports efficient and effective referral and information-sharing protocols; enhances family and youth involvement at all levels of the system of care; equitably implement the Family First Prevention Services Act (FFPSA); and provide organizational support to promote workforce resilience.

249

Professionals and family members attended racial trauma overview sessions during CY2021.

28

Clinicians were trained in managing and adapting practices, an evidence-based approach for serving children, youth, and young adults.

Family peer support centers opened in **3** new Department of Community Based Services (DCBS) regions across KY in 2021; increasing the counties served to **97**.

Expanded standardized behavioral health screenings, assessments, treatments, and case planning practices to children and youth who have DCBS involvement but are not in DCBS custody in **4 DCBS service regions**.

252 staff from **28**

Behavioral health, child welfare organizations, and schools participated in a learning collaborative to strengthen organization responses to secondary traumatic stress and build workforce resilience.

System of Care (SOC) Expansion and Sustainability grant funds were used to streamline access and increase availability to high-need services for children and families involved in the child welfare system.



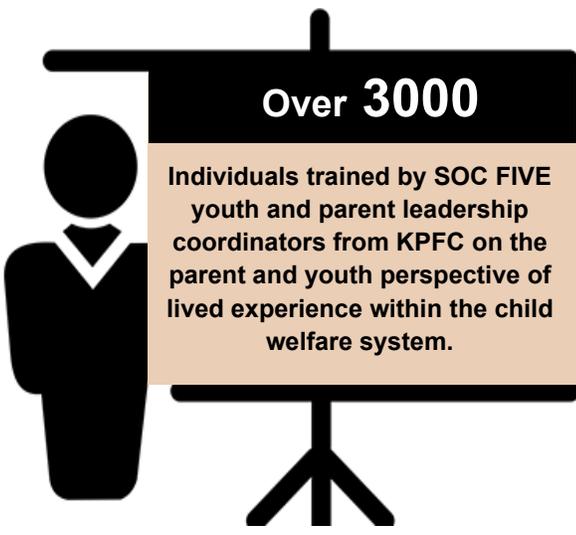
Youth surveyed after engaging in services through Kentucky System of Care Expansion and Sustainability Grant showed **improvement** in work/school and *fewer absences* during the past 30 days.

Over 3000

Individuals trained by SOC FIVE youth and parent leadership coordinators from KPFC on the parent and youth perspective of lived experience within the child welfare system.

Created the first cross-department racial equity change team, co-chaired by DBHDID, DCBS, and Kentucky Partnership for Families and Children (KPFC) staff. This group is responsible for managing several activities including:

- Conducting a health equity assessment of the prevention services that DCBS is implementing as part of the FFPSA.
- Providing training to increase awareness of racial trauma across child/family-serving agencies.
- Training and coaching for behavioral health providers in the use of racial trauma screening and assessment tools.
- Development and implementation of racial trauma therapy for children ages 5-12 and their families.



As the state agency designated to oversee services to people with intellectual and other developmental disabilities (I/DD), DBHDID collaborates with key stakeholders including self-advocates, families, and providers; explores new and innovative solutions to address gaps in the system of care; enhances crisis intervention services; supports resiliency in the waiver community through a continued partnership in response to the pandemic; monitors key data indicators related to system capacity and quality of supports; and pursues initiatives to improve the overall system of care.



Assured a safe and adequate system of care for individuals with intellectual and developmental disabilities.



Project CHEER is a Centers for Disease Control and Prevention funded effort aimed at helping Kentuckians with cognitive or mobility limitations who experience higher health disparities.

During the course of the 5-year grant, project CHEER reached **236,514** individuals, delivered **68** trainings, developed **151** inclusive resources, and cultivated **48** new partnerships.



Helps KY students with disabilities transition to work or higher education.

14,753 People have been supported to live in the community through the administration of the Supports for Community Living (SCL) and Michelle P. waivers.

247 SCL providers were virtually re-certified
certified an additional **5** new SCL providers



16,918 individuals with I/DD were supported by the Community Mental Health Centers.

#SCLFamily- Continued weekly gatherings with an average of **150 people** participating. Participants came together to celebrate what is good, support each other through what is hard, and to recommit to the task at hand. Cultivating a culture of trust where members can celebrate together, grieve together, work together, grow together, and hold one another accountable is our greatest accomplishment.

1,711 individual virtual I/DD assessments were completed.

Over **98%** of people who receive residential services through SCL are fully vaccinated.
Continued to see numbers of eligible individuals receiving boosters.



KENTUCKY ADVISORY COUNCIL ON AUTISM
www.kyaca.org
Promotes collaborative efforts and advocates to improve systems of supports for individuals with autism.



Advanced efficient and effective operations of state inpatient and residential facilities.

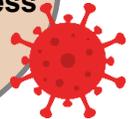
DBHDID develops comprehensive plans to maximize limited resources and ensure commonwealth assets are appropriately utilized and adequately maintained; provides technical assistance on trauma, secondary trauma, racial equity, and resilience building; responds to the ongoing needs created by the pandemic; and continues to implement electronic medical records (EMR).



Adopted workplace wellness efforts by implementing infection control measures and supporting vaccination efforts at our state-owned facilities and CMHCs.



Managed the COVID-19 Response in 10 state-owned, high-risk, and congregate care settings to ensure continued access to inpatient and residential care to vulnerable populations.



Increased access to healthcare services in 2021 by providing telehealth to our service populations.

Converted many professional development opportunities, such as SOC, to a virtual option.

Assisted Outpatient Treatment Entry

Partnering with Communicare, Pennyroyal Center, River Valley Behavioral Health, Seven Counties Services, BHDID implemented the Assisted Outpatient Treatment (AOT) Pilot Project. The project is funded by a **four-year, \$4M** grant from Substance Abuse Mental Health Services Administration (SAMHSA), and supports community-based, court-ordered treatment for qualifying individuals with Serious Mental Illness (SMI) referred by Central and Western State Hospitals. To date, more than **30** individuals have been served.

Our Leadership Message



Wendy Morris,
Commissioner



Dr. Allen Brenzel,
Clinical Director



Stephanie Craycraft,
Deputy Commissioner



Dr. Shambra Mulder,
Deputy Commissioner

We are pleased to present this 2021 annual report and share our priorities for 2022 and beyond. The last two years were filled with unique challenges as we continue to strive to meet the needs of the individuals we serve. The department has implemented a multitude of strategies focused on meeting its goals and increased needs for mental health support across the state. The credit for our success is clearly due to the hard work and dedication of the department's 1,300 employees and our partner agencies!

We take pride in our accomplishments, but much work remains to be done to ensure accessible, quality, evidence-based, equitable, trauma-informed services for our clients across the commonwealth. We have taken time at the beginning of this calendar year 2022 to reflect upon the goals we did not reach, identify necessary changes, and plan for the future. We look ahead with new priorities to preserve the behavioral health safety net and to mitigate adverse behavioral health outcomes. Please join us and our partner organizations as we continue to work to improve Kentuckians' overall health by promoting access to vital behavioral health services.

Central Office

Hospitals:

- Appalachian Regional Healthcare
- Central State Hospital
- Eastern State Hospital
- Kentucky Correctional Psychiatric Center
- Western State Hospital

Long Term Care:

- Glasgow State Nursing Facility (GSNF)
- Western State Nursing Facility (WSNF)

Intermediate Care Facilities:

- Bingham Gardens
- Hazelwood (Del Maria, Meadows, Windsong)
- Oakwood
- Outwood

Personal Care Homes

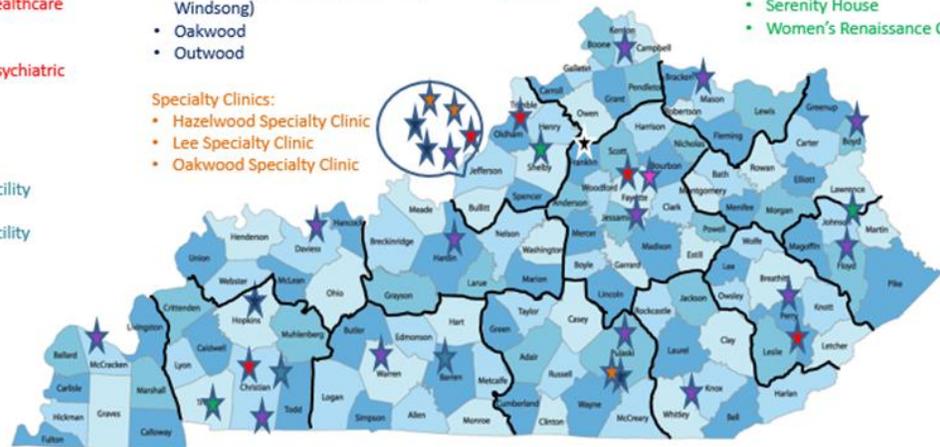
- Central Kentucky Recovery Center

Community-Based Residential

- ### Substance Abuse Programs:
- Genesis
 - Serenity House
 - Women's Renaissance Center

Specialty Clinics:

- Hazelwood Specialty Clinic
- Lee Specialty Clinic
- Oakwood Specialty Clinic



Community Mental Health Centers (CMHC)

- Adanta
- Communicare
- Comprehend, Inc.
- Cumberland River
- Four Rivers Behavioral Health
- Kentucky River Community Care
- LifeSkills/Pennyroyal Regional Center
- Mountain Comprehensive Care
- NewVista
- NorthKey
- Pathways
- RiverValley Behavioral Health
- Seven Counties Services

Our Partners

We collaborate with Kentucky's Community Mental Health Centers (CMHCs) to improve the lives of those who have been affected by mental illness, intellectual or other developmental disabilities, and substance abuse.

